

# Kids can STOP Bullies!



There are at least three people involved in bullying:

*the bully, the one being bullied and the kids who see it happening and don't make it STOP.*

What can you do? If you see someone being bullied - or teased or harassed or hurt physically, verbally or emotionally - there are three things you should do:

- 1. Tell the Bully to STOP! Say something like "We don't do that here!"**
- 2. Be friends with kids being bullied. Walk with them, invite them to sit or play with you.**
- 3. Tell a trusted adult what you saw.**

***You CAN make the difference!***



For more Fact Sheets please go to [www.ParentHelpNH.org](http://www.ParentHelpNH.org)

Children's Hospital at Dartmouth, Injury Prevention Center, NH Department of Health and Human Services, NH Department of Education, NH Pediatric Society, SAFE KIDS NH & Partnership for a DrugFreeNH.org